

Bulletin January 2016

BRIDGE

The old slate bridge slid into the Hiraethlyn on Boxing Day, and now the path from the main street to Bryn Hir can no longer be accessed. The County Council acted promptly to clear the river and our thanks go out to the contractors who cleared the bridge the next day. We are now working with them with a view to reconstructing a new bridge that will

reconnect both ends of Bryn Hir; incorporate in some fashion the iconic piece of Slate that served us so well for centuries; and reduce the likelihood of constriction leading to flooding in the area. Please contact the clerk to the council (Mrs Einir Jones: clerceglwysbach@hotmail.co.uk) if you have any suggestions to make with regard to the Bridge.

PILATES

CONWY RURAL LEISURE TEAM is hoping to introduce a PILATES class in the New Year. This would be in the form of a 4 week taster Block. PILATES aims to strengthen the body in an even way, with particular emphasis on core strength and posture to improve general fitness and well being. The exercises are done on a mat or using special equipment. It has



something to offer people of all ages and levels of fitness; from beginners to elite athletes.(Before starting any exercise programme, it's advisable to seek advice from your GP or a health professional if you have any health concerns, such as a health condition or an injury.)

Would it be of interest and what day and time would suit ?
TO REGISTER YOUR INTEREST please contact Tim Ballam on Timothy.Ballam@conwy.gov.uk or Cllr Wendy Martin on wendy.hanson@hotmail.co.uk

SHOP

We are saddened to see the demise of our village shop and Post Office in February. Many people have expressed an interest in trying to maintain some kind of retail unit in the village, and a regular visit by a mobile Post Office. The Community Council has been researching a number of these options over several months; we would like to invite interested members of the Eglwysbach community, to form a Steering Committee to research the most viable options in more depth. This would be supported by the Community Council.

If you feel you could contribute to a Steering Committee, or have any suggestions that might be useful, please contact the clerk to the council Mrs Einir Jones :

clerceglwysbach@hotmail.co.uk

WEBSITE

Remember that the community have a website: – www.eglwysbach.org.uk

It will be developed further over the coming months, therefore keep an eye on it!